



HOMESTAY GUIDELINES

Pathway to Higher Education

General Information

- Canada is a multicultural country. Your homestay family may come from diverse cultural backgrounds.
- Average commute time from the homestay to ILAC International High School is up to 60 minutes by public transit. This may be longer during high seasons.
- Two or more international students may live in the same homestay.
- Bedrooms may be located above ground or in the basement, which is commonly used as living space in Canada.
- Many homestays may have pets; Canada is a pet-friendly country.
- Canada supports a smoke- and scent-free environment. Smoking is prohibited inside or near most homestays. Smokers must inform ILAC prior to arrival.

Meals

- **Breakfast** (7 days/week): Typically includes cereal with milk or toast with spread, plus instant coffee or tea. Students prepare their own breakfast.
- **Lunch** (if included): A light, packed lunch such as a sandwich with fruit or a cookie. It is usually prepared by the family, but students may also be expected to prepare it. Please confirm with your homestay.
- **Dinner**: Prepared by the homestay, served between **6:00 – 8:00 PM**. Ask your host about their usual dinner time.
- If your host is not home for dinner, there will be a pre-made meal to warm up in the microwave.
- Inform your homestay **in advance** if you will be late or if you plan to skip dinner.
- **No compensation** is provided for missed meals.
- **Snacks are not included**. You are responsible for purchasing and storing your own snacks. Ask your host for additional storage if needed.
- Meals should be eaten in the kitchen or dining area unless the homestay allows otherwise.
- **Cooking is not permitted**.
- Special dietary needs (Halal, Kosher, Gluten-Free, Vegan, etc.) are subject to availability and **may incur an additional weekly fee**. Supplementary food purchases may still be required.

Internet & Phone

- Internet access is included. Usage must be **reasonable**.
- Avoid downloading or streaming large files or videos. Use the internet mainly for school and personal communication.
- Respect **quiet hours** in the household.
- **Illegal internet activity** (e.g., cybercrime) will result in **immediate removal** from the Homestay Program **without refund**.

Keys & Security

- You will receive a house key (and a fob, if applicable). Always lock the door.
- Lost keys or fobs must be replaced at your expense.
- Bedroom doors do not have locks. ILAC and the homestay are **not responsible** for lost valuables. Store valuables in locked luggage.

Shower & Hygiene

- Shower daily. Limit to **one 10-minute shower per day**.
- Clean the bathroom after each use.
- If the bathroom is exclusively for student use, you are responsible for keeping it clean.
- **Toiletries are not provided**.

Bedding & Laundry

- The homestay provides sheets, blankets, and a pillow. Please bring your own towel.
- Laundry is available **once a week**. Additional usage may incur a fee.
- Follow your homestay's **designated laundry schedule** (e.g., Saturdays or Sundays).

Other Rules

- **Guests are not allowed** in the homestay.
- Booking is from **Saturday to Saturday**. Check-out: **10:00 AM**, Check-in: **2:00 PM onward**.
- Items left behind after checkout will be **discarded**.
- Any damages or additional charges (internet, long-distance calls) are the student's responsibility.
- Avoid keeping cash or valuables in the bedroom.
- Inform ILAC in advance of **any allergies, food restrictions**, or medical conditions.
- Regular **class attendance is mandatory**. Unjustified absences may result in removal from the Homestay Program.
- **Your personal information** (e.g., name, DOB, allergies) is shared with your homestay family to ensure your well-being. Contact ILAC if you have privacy concerns.

- **CURFEW AT 11:00 PM:** Underage students must be home by 11:00 P.M. each night. If a student is not home by this time, the homestay family is responsible for notifying ILAC's Homestay Department.
- Serious misconduct (e.g., drugs, alcohol, harassment) results in **immediate expulsion** under a **zero-tolerance policy**.

Payments

- All payments must be made directly to **ILAC's Homestay Department**.
- Do **not negotiate payments** with your homestay.
- To move out, **minimum 2 weeks' notice** is required. Refunds apply after notice period (Saturday to Saturday).
- The **first 4 weeks** of your stay are **non-refundable**.
- Homestay extensions are not guaranteed with the same family. Placement fees may apply. Transportation costs are the student's responsibility.

Student Housing Emergency Line (24/7)

Toronto: +1 416-878-9250

Vancouver: +1 888 989 7718